



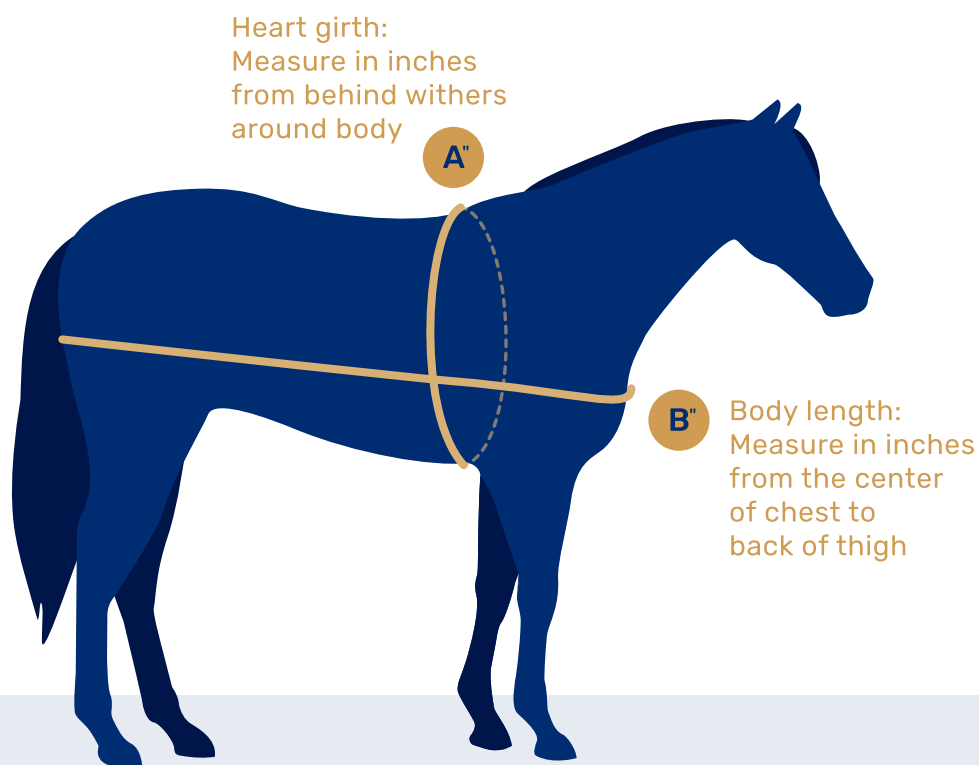
## Foal to yearling

# GROWTH MONITORING

An optimal growth rate can help to ensure healthy joints and body condition as horses mature. Too rapid or too slow of growth as an adolescent horse can negatively impact their overall health as an adult.

Use a weight tape every 2-4 weeks to track body condition on the back of this worksheet.

Calculate your horse's weight using one of the following formulas based on your horse's current life stage.



### Note!

**WEIGHT TAPE  
VIDEO TUTORIAL**

[bit.ly/3FmtF12](https://bit.ly/3FmtF12)



### WEANLINGS:

$$\left( \begin{array}{c} \square \\ A'' \end{array} \times \begin{array}{c} \square \\ A'' \end{array} \times \begin{array}{c} \square \\ B'' \end{array} \right) \div 280 = \begin{array}{c} \square \\ \text{Weight (lb.)} \end{array}$$

### YEARLINGS:

$$\left( \begin{array}{c} \square \\ A'' \end{array} \times \begin{array}{c} \square \\ A'' \end{array} \times \begin{array}{c} \square \\ B'' \end{array} \right) \div 301 = \begin{array}{c} \square \\ \text{Weight (lb.)} \end{array}$$



## STEADY GROWTH

Tracking your horse’s weight on the growth chart can help to monitor a consistent rate of growth over time. To plot their growth progress, take measurements at regular intervals – weekly if possible – and mark on the chart below.

Note: A consistent upward curve indicates a steady growth rate (see example). If you see drastic fluctuations or if your horse is growing significantly outside of the average for their category, discuss with your veterinarian.

