



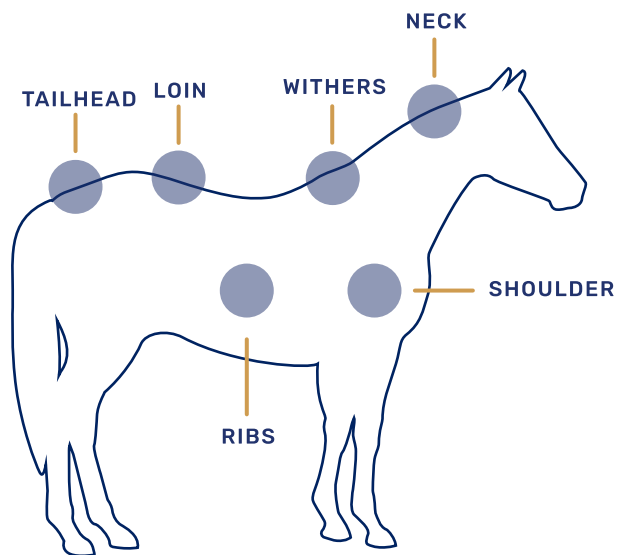
# BODY CONDITION SCORE EVALUATION WORKSHEET

## DIRECTIONS

Use the questions to evaluate the body condition of your horse and track changes over time.

We recommend reviewing your horse's condition and answering the questions on a weekly basis – to help monitor progress and see improvements.

Rate each area of your horse's body from 1-9, using the descriptors below as a guide. From week to week, you'll be able to see if the changes you're implementing are making improvements.



## EXAMPLE:

	WEEK	1	2	3	4	5	6	7	8
<b>1. NECK</b> How would you rate the appearance of your horse's neck? 1 Bone structure easily apparent 5 Blends smoothly into body 9 Bulging fat	1	1	1	1	1	1	1	1	1
	2	2	2	2	2	2	2	2	2
	3	3	3	3	3	3	3	3	3
	4	4	4	4	4	4	4	4	4
	5	5	5	5	5	5	5	5	5
	6	6	6	6	6	6	6	6	6
	7	7	7	7	7	7	7	7	7
	8	8	8	8	8	8	8	8	8
	9	9	9	9	9	9	9	9	9
			7	7	7	8	8	8	8

For more detailed descriptions, reference the "Questioning your horse's body condition" PDF guide. If you don't have a copy, request yours [here](#).

# EVALUATION WORKSHEET

WEEK

1

2

3

4

5

6

7

8

## 1. NECK

How would you rate the appearance of your horse's neck?

- 1 Bone structure easily apparent
- 5 Blends smoothly into body
- 9 Bulging fat

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

## 2. WITHERS

Using your eyes and hands to evaluate, how would you rate your horse's withers?

- 1 Noticeable bone structure
- 5 Rounded over spine
- 9 Bulging fat

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

## 3. SHOULDERS

What condition are your horse's shoulders in?

- 1 Noticeable bone structure
- 5 Blends smoothly into body
- 9 Bulging fat

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

## 4. RIBS

Look at your horse from the side. Run your hands along their rib area. Can you feel rib bones?

- 1 Ribs feel prominent
- 5 Ribs can be felt but are not prominent
- 9 Cannot feel ribs at all

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

## 5. LOIN

How would you describe your horse's loin?

- 1 Individual vertebrae projecting
- 5 Back is level
- 9 Obvious positive crease down back

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

## 6. TAILHEAD

What is the current condition of your horse's tailhead?

- 1 Bones around tailhead projecting prominently
- 5 Fat around tailhead beginning to feel soft
- 9 Bulging fat around tailhead

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

1  
2  
3  
4  
5  
6  
7  
8  
9

## WEEKLY BODY CONDITION SCORE:

Add the values from the week's column and divide by 6.